

SENIOR CITIZEN CRIME PREVENTION: KEEP YOURSELF SAFE

At home...

- Always keep your doors and windows locked. Install dead-bolt locks on all doors.
- Keep your home well-lit at night, inside and out.
- Make your home appear occupied when you go out by using a timer to turn on lights or a radio.
- Install a peephole in your front door.
- Never open your door for a stranger, even if you have to be rude. Ask for proper identification from deliverymen.
- If someone needs to use your phone, you dial the number. Do not let them in your house.
- Do not hide keys under mats or other objects
- Get to know your neighbors. Look out for each other.
- If you arrive home and suspect that someone is inside who should not be, do not go inside. Leave quietly and call 911.

While you are out...

- Avoid carrying a purse if you can. If carrying a purse, hold it close to you.
- If walking around town, do not walk alone.
- Never walk alone at night.
- Do not carry a wallet in your back pocket. Carry your wallet in a front pants pocket or an inside coat pocket.
- Always have your keys ready when you are approaching your car.

Your car...

- Keep gas tank full. Avoid breakdowns.
- Keep your doors and windows locked.
- Lock any packages or valuables in trunk so criminals cannot see them.
- Never leave your keys in the car. Never leave wallet, checkbook, etc., in the car.

If you are a victim of a crime...

- If the criminal is after your purse or other valuables, do not attempt to resist. Sit down so you won't be knocked down. Scream, make noise.
- Never chase a criminal.
- Make a conscious effort to get an accurate description of the attacker.
- ***Call 911 and immediately report the crime to the Stratham Police Department. Do not be ashamed. It was not your fault!!***